

December 7, 2007

Medina Elementary PTA

Tiger Bytes



8001 NE 8th Street, Medina, WA 98039
(425) 456-5400 • www.bsd405.org/medina

Medina PTA 2.3.57 • 407 members & counting
www.MedinaPTA.org



Dear Parents,

So...winter is here and, as we all know, winter in Seattle means RAIN, RAIN, RAIN! With the rain comes wet playground equipment and puddles on the field. As a result, more and more students are showing up in the office with wet pants for one reason or another. It would be really helpful if you could send a change of clothes in a plastic bag labeled with your child's name to school with them. Students can keep them tucked away in their cubbies for the year. This way everyone will have spare clothes just in case. Better to have them and not need them than need them and not have them, right?

Thank you !!!



Reflections 2007 – 2008: "I Can Make A Difference By..."

Reflections is an annual arts program, sponsored by the National PTA organization, that encourages children and youth to express themselves through musical composition, photography, visual arts, and literature.

The theme this year is "I Can Make A Difference By..." Please think about what this means to you and submit an entry in one of the following categories:

Literature – works of fiction, nonfiction, prose, poetry and drama.

Music Composition – original musical composition, with or without lyrics.

Photography – original black-and-white or color image, or a group of images, produced by a photographic process.

Visual Arts – original print, drawing, painting, collage, photographic collage, metal etching or punch work, fiber work, or computer-generated artwork.

Dance Choreography – original choreographed dance composition recorded on a VHS videotape or DVD.

Film/Video Production – original works of fiction or nonfiction relating to the theme.

The deadline for submitting your entry is: Friday, December 14th.

All participants will receive a ribbon, small prize and recognition on Medina's Wall of Fame. Entries selected to advance to the district, state and national level will receive additional recognition.

If you have any questions, please contact Jennifer Wasierski at 425/641-4378 or jennifer_wasierski@yahoo.com.

Please complete the following form and submit it to the office:

Name: _____

Teacher: _____

Category (circle one):

Literature

Music Composition

Photography

Visual Arts

Dance Choreography

Film/Video Production



A Message From the Medina PTA Co-Presidents...

Tobey, Betsy and the rest of the PTA Board, would like to wish you Happy Holidays. May all the snow and wind be limited to December 19 through Jan 1.

We would also like to thank the many volunteers who really made all our fall activities a big success the year.

Thank you again to Laura Weingartner and Anne Strecker and their hard working team for the walkathon. Our thanks go to Kristin Hawblitzel and Kathleen Young for organizing picture day and cleaning my child's face at picture retakes, Teri Pool and Patty Jordon for pulling together the fabulous directory, with a duplicate tear out section for the car! Ellen McDermott and Laura Bolin for sorting through Taking Care of Business forms and counting walkathon, water bottle and other monies. Thanks to Jill Green, Jodi Major, Lynn Jones, Randell Walton, Ferris McGee and Sam Santi for another fabulous Father Daughter Dance, Ross Hunter for stepping in at the last minute and giving us an informative presentation on school financing, Ingrid Kafer and Jennifer Ramos for the thankless job of organizing the Emergency preparedness forms and Susan Hermann, Janneke van den Berkmortel and Lisa Seigle for a wonderful virtues evening. Many thanks to Gail Pratt, Joanne Buxton for helping out with decorations for the Veteran's Day Assembly, Beth Swanson, Farris McGee and Kathy Mitchell for working with the kids on a successful food drive. Steve Jacobs, Kristin Hawblitzel and Joanne Buxton for attending the Legislative assembly, Dave Simpson, Hwa Park and Darcy Johnson for coordinating playground volunteers, Shelley Carlson for working on our newest successful fundraiser, 4Pace.org, Debbie Scott and Jodi Major for great Wacky Wednesday Activities, Anna Duff for making sure our kids had an opportunity to learn another language, Heather Singh for scheduling all the library volunteers, Laura Bolin, Dave Simpson, and Raymond Park for reading and discussing PTA grant applications. Gail Knowles, Teri Jenson and Lynn Semler for making sure we had a Ski program this year. Kate Aherns for her tireless work in the work room, book room and PTA office. We also appreciate all the folks who are taking time to help teachers, read to kids in the class, stand outside on cold days at the playground, your efforts make our school and unique and great community. We hope you have a safe, joyful time with family and friends this holiday season.

Happy Holidays, Betsy and Tobey



'Tis The Season...

A seasonal reminder about gifts to teachers and staff. As the holiday season gets under way, many grateful and thoughtful parents and community members want to find ways to express their appreciation to our teachers and other employees for their work by giving gifts to the individuals they know. Please bear in mind that only gifts of a nominal value or which are a token remembrance or appreciation are acceptable. Teachers and staff are not permitted to accept gifts of significant value or monetary benefit. When the value of a gift to a person gets beyond \$25.00, it is more than a token gift or expression of appreciation.

Here are some great ideas if you or others wish to provide more than a token of gratitude to an individual employee: you can make donations to a specific classroom (but not something that could be considered the teacher's personal property); you can donate to a school or program; you can make a contribution to the Bellevue Schools Foundation, the PTSA, or other charity in recognition of an employee's work; and/or you can do something for the entire school's or program's benefit.

Thanks for your consideration of our teachers and staff!

Not Getting the BYTE?

Let us know. The PTA has been sending out a weekly Byte of information via email. This has a weekly calendar, list of to do items and information on activities in the community. It comes out every Monday morning and is our key piece of communication from the PTA. If you are not receiving the Byte, please email pta@medinapta.org and we will make sure you get it.



CHILDFIND

If you have concerns about your child's development, the Bellevue School District offers free developmental screenings/assessments for children age birth through preschool age who live within the Bellevue School District. The screening helps identify children who are having problems with speaking, thinking, social or motor skills. The program is called Childfind. For information on:

Assessments for children 0-2 years, call Kindering Center at 425 747 4004.

Preschool screenings for children from 3-5 years, call 425 456 4171.

Concerns about the development /school progress for students from kindergarten through 21 years, contact the counselor at your child's school.

If you live outside the Bellevue School District, call 1 800 756 5437.

* * *

Virtues Corner

Virtue of the month: Courtesy:

Courtesy is speaking with *kindness* to others. It is being *aware* of others around you, and being *respectful* when you ask for something. At Medina, students are courteous when they sit quietly for Arika at library time, and when they say "thank-you" to the lunch staff at mealtime. We show courtesy to our teachers when we arrive to school on time, and when we stand in line quietly on the way out to recess.

The virtues committee would like to acknowledge **Caroline Swanson** for using the virtue of **Courtesy** at the Book Fair on Monday. She helped two younger students pick out books, and then stood in line quietly with them while they waited to pay. Thank you Caroline!



A Message From the Medina Staff...

Report Cards

Dear Medina Families,

As you read your child's first trimester report card, we wanted to highlight several changes that have been made to the Elementary Progress Report and to talk about a few general things to remember about report cards.

The overall purpose of the report card is to communicate information about how a student is doing in relation to the standards set by the curriculum, as determined by a plethora of assessments and other information gathered by the teachers. We always try to make sure we include what is to be celebrated about a student, as well as identify areas of growth for the next trimester and year. It is very typical for most students to get mostly 3s, with a smattering of other scores, both higher and lower. A 3 means that a student is doing very well and is demonstrating mastery of a concept or skill on a constant basis. It also means that they are on track to continue to achieve in that area – something to celebrate! A 4 means a student has gone significantly over and above expectations on a consistent basis and is also something to celebrate. A 2 means your student is approaching standard and is still growing in that area – something to positively and constructively support.

In the revised report card, the wording in both the math and science section along with the addition of “disposition” to reading, writing, math and science are new for the 2007-08 school year. These changes were made to make the report card more concise and easier to understand.

In math, the new wording on the elementary progress report is:

- **Concepts:** how well a student understands concepts from the math units taught in the trimester (e.g. when to use addition/subtraction; understands factors, fractions)
- **Procedures:** the ability to use an accurate, efficient, and flexible strategy to solve a problem (e.g. how to add, multiply, find factors, knowledge of math facts)
- **Problem Solving:** applying understanding of concepts and procedures in the context of a problem (e.g. create and solve word problems)
- **Reasoning:** thinking logically about math concepts and procedures (e.g. interprets data, estimates answers correctly)

Disposition: a student's attitude, effort, and perception about themselves as a learner in the area of math

Likewise in science, students are now evaluated similarly to math. The new wording is:

- **Concepts:** the concepts presented and investigated in the science kit for the trimester (e.g. what plants and animals need to grow)
- **Inquiry:** the ability to engage in the scientific process to investigate a concept or answer a question (e.g. makes detailed observations about organisms; explains the findings of an experiment)



A Message From the Medina Staff... (continued)

- **Reasoning:** the ability to apply scientific concepts and inquiry results to various problems (e.g. uses set-up of growing bean plants in water to design a new experiment to test whether it is better to grow the plants in water or soil)

Disposition: students attitude, effort, and perception about themselves as a learner in the area of science

The final change we want to highlight is the change from “effort” to “disposition” for reading, writing, math, and science. The wording “disposition” provides greater understanding of how a student perceives him/herself as a learner, whether s/he sees a subject as useful in learning, and that steady effort in a given area will pay off over time. A student who has developed a productive disposition is confident in his/her knowledge and ability.

More specific report card criteria can be accessed on the curriculum web by going to

<https://myportal.bsd405.org>. You will be prompted to enter your username and password. If you don't know this information, contact our office manager, Chris Metzger, at 456-5400 and she will give it to you. For further assistance in accessing the curriculum web, go to <http://www.bsd405.org/Default.aspx?tabid=58>. When you're on the curriculum web, click on “Elementary Progress Report” at the top of the column on the left side of the page. Here you will be able to view all grading criterion for each grade level.

As always, if you have further questions or thoughts about your students' progress, please feel free to contact your classroom teacher. If you have questions regarding changes to the report card, please contact Jen Rose or Curriculum/Tech Coach Susan Webster.

As parents and staff members, we are all members of the cheer/support squad for all of our kids, no matter what level. Continued communication and collaboration is so important to achieving our shared goal of high achievement for all kids. We have all really loved working with the kids this past trimester (who can believe the year is a third of the way over!) and we hope this first trimester report card is helpful in furthering our collaborative work.

Sincerely,

The Medina Staff

* * *

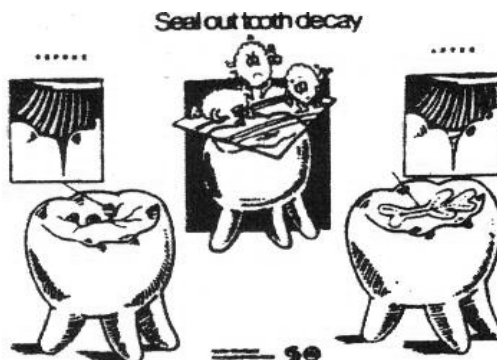
Wanted!

People to advertise in the Medina Elementary Auction catalogue. Where else can you get your business in front of such an outstanding demographic for such a minimal fee? Please contact Kea Rensch (kbrensch@comcast.net or 425.462.0044) if you or anyone you know is interested.

This opportunity cannot be missed!

****DENTAL SEALANT DAY!****

(For kids ages 6-13)



The Lake Washington Dental Hygienists' Society is offering a preventive dental program, **Saturday, February 9, 2008, from 9am to 2pm**. This program is in honor of National Children's Dental Health Month. We will be providing dental sealants, exams, bitewing x-rays, and fluoride varnish to children who would not otherwise be able to receive this cavity-prevention treatment. Children whose teeth are unable to be sealed due to decay will have their cavities filled at a later date for no additional fee.

Sealants are white coatings applied to the chewing surfaces of the back teeth. They are non-toxic and protect teeth from cavities. This process is painless, can protect your child's teeth for 6-8 years, and is usually done in less than an hour. **Registered Dental Hygienists** from the state of Washington will place the sealants on your child's teeth.

The cost of this program is **\$5.00 per child**. This includes all of the services mentioned above, a total value of over \$300 per child. No child will be turned away due to inability to pay the fee.

Treatment will be provided on a **first come first served basis** to the **first 100 children**. Since enrollment for this terrific opportunity is limited, please arrive early at the dental clinic at **Lake Washington Technical College**. The clinic phone number is (425)739-8130.

Directions to the Clinic: 11605 132nd Ave NE, Kirkland WA 98034

From 405 Northbound: Take Exit 18 (85th St), Take a right onto 85th St, Take a left onto 132nd Ave NE, LWTC is approximately 2 miles ahead on the left hand side. Look for LWDHS signs

From 405 Southbound: Take Exit 20 (NE 124th St Exit), Left onto 124th St, Right onto Slater Ave NE; Left onto NE 120th St, NE 120th becomes 132nd Ave NE, Enter LWTC and watch for LWDHS signs.

Arrive early to ensure treatment!

The Bellevue Public Schools has neither reviewed nor approved the program, personnel, activities, or organizations announced in this flyer. Permission to distribute this flyer should not be considered a recommendation or endorsement of the program by Bellevue— Public Schools.



Parenting with Virtues: Building Strong Families

A class for parents and grandparents to learn empowering strategies to bring out the best in your children. The Virtues Project™ was honored by the United Nations as a model program for families. Medina, Clyde Hill, Enatai and other Bellevue schools and families in 85 countries are using this excellent program.

"Children don't come with a guide book. This is one. "

-Oprah Winfrey to Virtues Project co-founder Linda Kavelin Popov, talking about The Family Virtues Guide

"The Virtues Project teaches us loving, respectful, and affirming ways to communicate. It makes for close, happy relationships in the family."

-Kimberly Parker, parent, Kingston, WA

Learn and practice the 5 strategies of the Virtues Project to build your strong family. You will be able to:

- * *Communicate positively with your children*
- * *Set clear boundaries with relevant consequences*
- * *Reduce power struggles*
- * *Resolve conflicts peacefully*
- * *Help your children to live a life of purpose*
- * *Have tools you can use for every situation*
- * *Call your children to be their best*

Dates: Thursdays, Jan. 10, 17, 31, Feb. 7, 2008

Time: 7:00 to 9:00 PM

Place: Medina Elementary School, Bellevue, WA

Cost: \$95 per person/\$145 per couple (includes handouts; The Family Virtues Guide is recommended)

REGISTER BY DEC. 15TH AND RECEIVE A FREE SET OF VIRTUES CARDS (\$15 VALUE)

Facilitator: Betsy Lydle Smith is a Master Facilitator for The Virtues Project and an educator with more than 25 years of experience in teaching and facilitation. She's a wife, a mother of two adult daughters, and a grandmother. Betsy is founder and former director of a nonprofit educational organization and former board member of Girl Scouts-Totem Council. She has worked with Medina since 2001 and presented to over one hundred schools, parenting groups and organizations since 1992. Her workshops are fun, practical, and interactive.

To register: email betsy@virtuestraining.com or call 425-747-9079

Space is limited. Register today!



AS THE SUPERINTENDENT DEPARTS...

The Bellevue Schools Foundation congratulates Dr. Riley on his new opportunity working with the College Board to influence college readiness for students across the country. BSF also thanks him for helping make the Bellevue School District one of the best in the nation, built on a foundation of high quality academics and excellent teaching that puts student learning first.

While it is always difficult to lose a great leader, you can count on BSF to continue its essential support for district-wide academic programs such as curriculum grants, math and science initiatives, and the writing program; for students who need the extra help of tutoring and mentoring; and for teachers through National Board Certification, and much more.

BSF promotes and helps fund the best possible learning opportunities for ALL our kids.

STUDENTS & TEACHERS TO BENEFIT FROM BSF'S PHONATHON 2007 SUCCESS!

With heartfelt thanks to your school's volunteers, who joined with others from around the district, we were able to reach almost every family in the Bellevue School District during this year's Bellevue Schools Foundation (BSF) Phonathon.

More than 200 volunteers – parents, high school students, teachers, principals and BSF Trustees – called parents to fund initiatives ranging from curriculum improvements and student support services to teacher training and certification grants. This amazing effort has put BSF well on the way to reaching our Phonathon fundraising goal of \$250,000, approximately 15% of our annual budget of \$1.6 million, which provides funding for programs benefiting all 16,500 students in the Bellevue School District.

It's never too late to donate to Bellevue Schools Foundation! Individuals wishing to make a donation can still do so online at www.bsfdn.org/donate, or by calling BSF at 425.456.4199.

FALL GRANTS ANNOUNCED

The Fall Curriculum Enhancement Grant (aka classroom grant) results were announced on November 7. Over 100 different classrooms received almost \$70,000 during this grant cycle. Some of the projects funded include:

District-wide: Important Lessons from the Chinese Cultural Revolution

Students will gain a more intimate understanding of the impact of Mao Zedong's policies on the people of China during the Chinese Cultural Revolution as they read Ji-Li Jiang's memoir, *Red Scarf Girl* and hear, first hand, the experiences of the author.



Somerset Elementary School: Young Scientists Week – Pacific Science Center "Blood & Gut" Science on Wheels program will help students explore the skeletal system, follow the path of a red blood cell through the circulatory system & learn how messages travel through the nervous system.

Interlake High: Cancer Education for Teens by Gilda's Club Seattle – Cancer Education for Teens is an innovative program designed to educate & engage high school students in a meaningful discussion about cancer.

DON'T FORGET!! - The Winter 2008 Curriculum Enhancement Grants deadline: *Friday, February 1, 2008.*

Bellevue Schools Foundation funding provides teachers the opportunity to expand the experiences their students have in school. For a complete listing of the fall grant awards, go to the BSF website <http://www.bsfdn.org/Grants/>.

WANT TO HELP SCHOOLS WHILE SHOPPING ON AMAZON.COM?

With the holidays approaching, here's a quick reminder to use the Bellevue Schools Foundation website link for all your Amazon.com online shopping, now and throughout the year.

Access Amazon.com through the Bellevue Schools Foundation (BSF) website and BSF receives a percentage (over 7%) of **each** amazon.com order. It's simple: go to the Bellevue Schools Foundation website at www.bsfdn.org and click on the amazon.com link/icon on the home page – that's all it takes!

Please note **you must go through the BSF site** (www.bsfdn.org) for BSF to get credit for the order. Unfortunately, bookmarking the link or going directly to Amazon.com won't identify the purchase as a BSF order.

On behalf of the students and teachers of the Bellevue School District, thank you for your support!

For further information on any of the above, please contact: Gillian Doyle, Bellevue Schools Foundation: tel: 425.456.4199, email: gillian@bsfdn.org



Flu Season is Approaching

Deciding when a child is too sick to go to school can be a difficult decision for parents to make. When trying to decide, use the guidelines below to help you.

Go To School – If your child has any of the following symptoms, they should probably go to school:

- Sniffles, a runny nose and a mild cough without a fever
(This could be an allergic response to dust, pollen, or seasonal changes.)
- Vague complaints of aches, pains or fatigue
- Single episode of diarrhea or vomiting without any other symptoms

Stay at home – If your child has any following symptoms, please keep your child at home, or make appropriate child care arrangements.

- **APPEARANCE, BEHAVIOR** – unusually tired, pale, lack of appetite, difficult to wake, confused or irritable. This is sufficient reason to exclude a child from school.
- **EYES** – thick mucus or pus draining from the eye or pink eye. With pink eye (conjunctivitis) you may see a white or yellow discharge, matted eyelids after sleep, eye pain and/or redness.
- **FEVER** – temperature of 100 degrees Fahrenheit or higher. Remember that a child must be fever free for 24 hours before returning to school.
- **GREENISH NOSE DISCHARGE, AND/OR CHRONIC COUGH** – should be seen by a health care provider. These conditions may be contagious and require treatment.



- SORE THROAT – especially with fever or swollen glands in the neck. (With Strep throat, the child may return to school after 24 hours on antibiotics.)
 - DIARRHEA – 3 or more watery stools in a 24 hours period especially if the child acts or looks ill.
 - VOMITING – vomiting 2 or more times within the past 24 hours.
 - RASH – body rash, especially with fever or itching. Heat rashes and allergic reactions are not contagious.
 - EAR INFECTIONS WITHOUT FEVER – do not need to be excluded, but the child needs to get medical treatment and follow-up. Untreated ear infections can cause permanent hearing loss.
 - LICE, SCABIES – children may not return to school until they have been treated and are free of lice and nits (eggs). Children with scabies can be admitted after treatment.
- ~ CHICKEN POX – children must stay at home for 5 days after the onset of blisters, or until all pox are scabbed over and dry.

**IF YOUR CHILD SHOWS ANY OF THE ABOVE SYMPTOMS AT SCHOOL,
IT WILL BE NECESSARY TO PICK HIM/HER UP FROM SCHOOL.**

Bringing a child to school with any of the above symptoms puts other children and staff at risk of getting sick. If all parents keep their sick children at home, we will have stronger, healthier and happier children who are ready to learn. While we regret any inconvenience this may cause, in the long run this means fewer lost work days and less illness for parents.

Don't Forget to Continue to Wash Hands Frequently and Practice Good Respiratory Etiquette.
And check with your Health Care Provider about the Flu Vaccine for your child!

Stay Healthy.....Bellevue Public School Nurses

* * *

Chief Chen's Corner



MORE ON BULLYING...

IF YOUR CHILD IS BEING BULLIED

If you learn your child is being bullied, you may immediately want to protect your child and confront the aggressor. You may feel embarrassed and want your child to toughen up, to get in there and fight back. You may feel helpless yourself. None of these responses are helpful.

Get as much information as you can about what has happened. Avoid blaming anyone, including the bullying child or children. Look at your own child's behavior and style of interacting. Ask yourself what you know about your child and how you can turn the immediate situation around.

If you are going to get in touch with the parents of a bullying child, remember that they will probably feel defensive. Keep in mind that your goal is to have a safe and nurturing environment for all of the children, not to escalate an already difficult situation. (For tips on talking to parents of bullies, see [The Safe Child Book](#).)

For your own children, there are several steps you can take.

- discuss alternatives to responding to bullies.
- don't react, walk away, get help if pursued
- agree with the bully, saying "You're right." and walking away.
- be assertive.

Role-play - just as in prevention of child abuse, role-play is what makes the skills real. Actually walk through situations and have your child practice different responses. Discuss prevention techniques such as staying with other kids. Do not get involved with bullies in any kind of interchange. Don't take it personally, it's really the bullies problems that are causing the situation, not you.

IF YOUR CHILD IS THE BULLY

What every parent doesn't want to hear - your child is behaving like a bully.

Your first response will probably be defensive. Disarm the situation and buy yourself some time to process what's being said. For example, "Instead of labeling my child, please tell me what happened." Make yourself really listen. Remember that this discussion is ultimately about the well-being of your child, regardless of how its being framed.

Even if your child is behaving aggressively or acting like a bully, remember that this behavior is probably coming from your child's feelings of vulnerability. You need to look for what is going on in your child's interactions with others and what is going on internally, causing your child to behave that way. (Also see [REACH](#) and [CHALLENGE](#) Programs.)

In talking with your child, **DO NOT BLAME**. Do not get into a discussion about the "whys" of what happened. Your discussion should focus on several key points:

- Bullying is not acceptable in our family or in society.
- If you are feeling frustrated or angry or aggressive, here are some things you can do.
- Remember to role-play, act out the new behaviors.

Chief Chen's Corner continued...

Ask, how can I help you with this? Who could you go to in school if you see yourself getting into this type of situation again?

Specify concretely the consequences if the aggression or bullying continue.

You want to stop the behavior, understand your child's feelings, then teach and reward more appropriate behavior.

~ *Jeffrey Chen*, City of Medina Police Chief

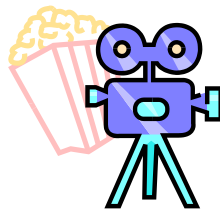
jchen@medina-wa.gov

* * *

COMMUNITY KIDS UPDATE.....

Wow, we've been busy lately! Our November meeting had our students loading up cans of food from our fall food drive. We collected **300 pounds of donations** and some of our kids traveled to Hopelink for the big drop-off. The staff at Hopelink was very impressed and appreciative of our efforts, thanking us sincerely for Medina Elementary's continual support. We also spent our meeting time making cards and sending email cards to our soldiers in Iraq, sharing our Thanksgiving wishes and gratitude for their efforts. You can also visit the website to send cards to soldiers: letssaythanks.com -- easy and well done site. As if that wasn't enough, our kids started advertising efforts on the December project:

MEDINA MOVIE DAY!



We will be showing a winter classic in our gym on Friday,
December 14 from 2:35 - 4:15pm.

We'll have popcorn and treats and **ALL ARE INVITED!!!**
(Kindies must be w/ an adult.)

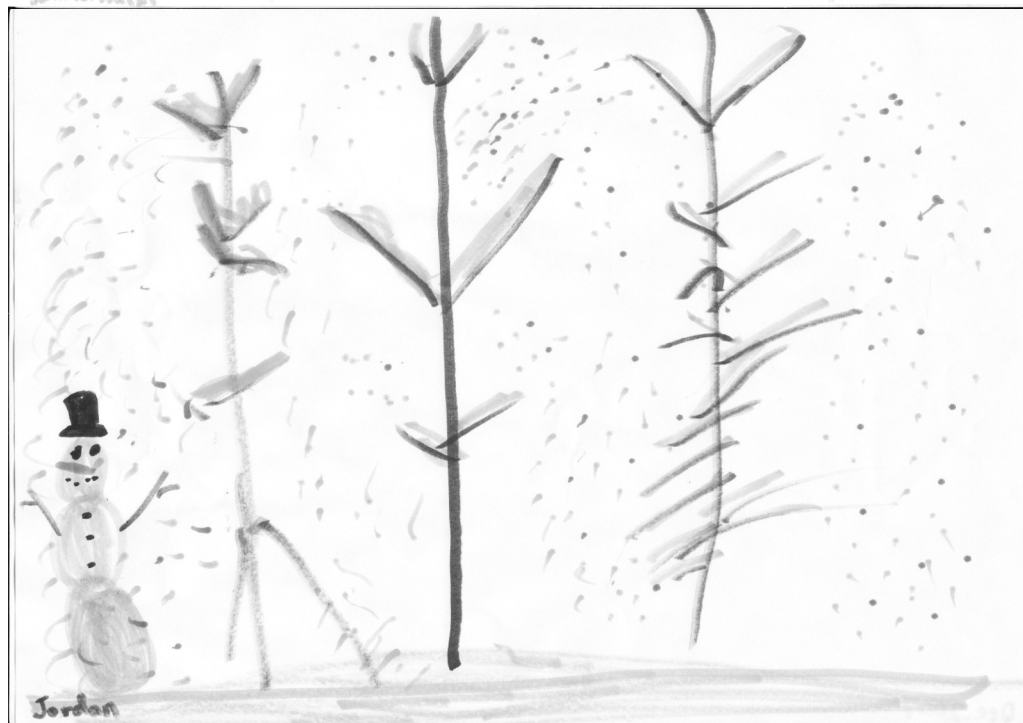
Admission price: One unwrapped toy to be donated to
Washington State Foster Families.

Parents, enjoy a little extra holiday shopping time while your
students have fun and support foster kids!

Creative Kids Corner

Sahara Naini of Ms. Ward's fourth grade class, and her brother Jordan of Ms. Brown's second grade class, had fun in the snow last week and captured the fun in these terrific drawings !

Awesome job Sahara and Jordan !





Dates to Remember...

December 14	Medina Movie Day and Toy Drive
December 14	Submission Deadline for Reflections
December 14	Last Chance to Order A Yearbook
January 7	Submission Deadline for Next Tiger Bytes
January 12	GATE Testing
January 12	Medina Chess Tournament
January 16	General PTA Assembly (7:30pm)
March 8	Auction Night
June 5	Bellevue Schools Foundation Luncheon
June 13	Field Day



Tiger Bytes Submissions:

send to lindakbracken@msn.com

Medina PTA Website Submissions:

send to medina.webmaster@gmail.com

Go to www.medinapta.org for the online version of Tiger Bytes.